

Physical Education, School Sport and Physical Activity Development Plan and Premium Impact Report

At Upper Durham Dales Federation

In 2022 – 2023, Upper Durham Dales Federation received £10167 –R, £10584– SJC, £16202 – W (Total - £36953) Primary PE & School Sport Premium. This will be used in conjunction with other grants and funds from the school budget to raise standards in curriculum Physical Education, School Sport, Physical Activity and Healthy living (PESSPA).

Vision: ALL pupils leaving primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

Objective: To build capability within school and achieve self-sustaining improvement in the quality of PE and sport in primary schools against the 5 key grant condition indicators:

1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles. Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school.
2. The profile of PE and sport being raised across the school as a tool for whole school improvement.
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
4. Broader experience of a range of sports and activities offered to all pupils.
5. Increased participation in competitive sport.

Any further school or subject development priorities:

- a) Development of Forest School Sessions across the federation.
- b) Development of community garden at all schools.
- c) Development of outdoor areas across the federation.
- d) Development of extra-curricular sport opportunities.

e) Involvement in 'A Light in the Dark' arts project at Killhope Museum.

The following PESSPA Development Plan includes all planned and continued actions to support the schools PESSPA programme and its vision, building upon previous achievements and sustaining the most valued approaches that support positive pupil outcomes. This action plan is a working document subject to change throughout the academic year. Actions may be RAG rated to support school self-review. In the planning stages, costs are estimated where possible and actual spend recorded when known. This development plan will also include (and state clearly) actions and areas not funded directly from the PE & Sports Premium grant (free or other) to support a move towards a self-sustaining approach. The Primary PE and Sport Premium spend IMPACT will be finalised and reported on our school website by 31st July 2023.

Sports Premium Grant Conditions 1-5	Intent	Implementation	Spend	Impact	Sustainability	Review
1. The engagement of all pupils in regular physical activity – kickstarting healthy active lifestyles. Chief Medical Officer guidelines recommend that primary school children undertake at least 30	Children to be active for at least 30 minutes each day.	Continue to use Wake up, Shake up every morning (min 15 mins). All schools have this downloaded on staff area. Purchasing new playground resources/PE equipment and storage to encourage physical activity at break times. (Scooters/helmets)	£0 £7755.79	100% of children engaged in 30 minutes of physical activity every day. Children engaged in active games and activities at break times. (45 minutes per day)	Continue to develop systems and use of outdoor equipment at playtimes to ensure all children are active for at least 30 minutes per day.	Wake Up, Shake Up has been used successfully in all schools every morning. Schools have access to WUSU but have also used Just Dance and Kidz Bop Dance. The purchase of new playground equipment and PE resources has encourage more active play throughout the school day.

minutes of physical activity a day in school.		Access to extra-curricular activities.	£2389.98	Children engaged in active activities at the end of the school day.		Sports Club on Thursday evenings has had excellent attendance.
2. The profile of PE and sport being raised across the school as a tool for whole school improvement.	<p>Staff to deliver high quality PE lessons.</p> <p>Increase motivation and engagement of pupils.</p> <p>Use PE, sport, physical activity within all areas of the curriculum.</p> <p>To improve swimming</p>	<p>Staff training if required or sports coach working alongside staff.</p> <p>Continue to introduce new games/sport into PE lessons and break times. Allow children to take the lead in playground games and PE lesson warm ups and cool downs. Celebrate achievements in weekly assemblies.</p> <p>Use of active blasts in lessons and making use of outdoor space to enhance teaching of the curriculum.</p> <p>Regular swimming lessons for children in KS2. Targets</p>	£0	<p>Children fully engaged in PE lessons due to staff confidently delivering high quality lessons.</p> <p>Children confident to take the lead in PE activities.</p> <p>Physical activity becomes a natural part of all lessons.</p> <p>100% of pupils to achieve National Swimming expectations.</p>	<p>Younger children learn to lead from older pupils.</p>	<p>New staff have worked alongside experienced staff in PE lessons to give them the confidence to teach high quality PE.</p> <p>New games using the equipment have been used at break times and children have also used the PE equipment to develop skills that they have been learning in their PE lessons. Older children often 'take the lead' during break times, facilitating the younger children with equipment or helping them in games.</p>

	outcomes for pupils at the end of KS2.	identified and shared with school and swimming staff.				Active blasts and the outdoor area has been used to enhance teaching. 100% of pupils achieved national swimming expectations.
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.	Develop the teaching of PE so children are confident and competent learners. To increase knowledge and skills of staff.	Staff training and working alongside sports coaches. KE to attend PE conference and network meetings.	£0 £350.00	Teachers gain subject knowledge and gain confidence with teaching skills of various sports. KE to feed information to teachers to increase confidence and subject knowledge of whole staff.	Staff trained and sharing knowledge with other staff.	New staff have worked alongside experienced staff in PE lessons to give them the confidence, knowledge and skills to teach PE and sport. KE attended one network meeting finding out about PE indicators, use of PE money and updates.
4. Broader experience of a range of sports and activities offered to all pupils.	To provide opportunities for increased outdoor activities where children gain skills in PE and activities using the surrounding area.	Orienteering kits to be checked and replaced if necessary. Outdoor equipment to enhance forest school area – ninja	£600.00 £1500.00	Broader range of experiences for the children to participate in. Children gain skills in confidence, resilience and independence. Children introduced to broader range of sports and activities.	Children will gain skills and confidence that they can share with the younger children.	Orienteering kits were checked and used during Forest School sessions. We were unable to purchase a ninja course but we purchased waterproof trousers and

	KS2 children to take part in a residential while younger children take part in activity days.	<p>course, forest school equipment and storage.</p> <p>Regular forest school, orienteering, outdoor activities within curriculum.</p> <p>Purchase Kinball set to incorporate into PE curriculum.</p> <p>Residential booked at Great Tower in June 2023.</p> <p>Activity Days at Hamsterley Forest etc</p>	<p>£636.00</p> <p>£222 per KS2 pupil (£5772.00) + transport approx. £1500</p> <p>Approx £30 per KS1/EYFS pupil (£870) + transport</p>		<p>Currently funded by school. Future residential trips would be funded/part funded by parents.</p>	<p>wellies to allow all children to access the outdoor provision and activities in all weathers. Forest school sessions were carried out on a fortnightly basis (except when we were unable to use the field due to tree damage). When Forest School was unable to take place, extra PE lessons were provided. Kinballs were purchased for all schools to provide a new sport for indoor PE lessons (although some of the kinballs are for outdoor use too). Great Tower was a successful trip for the KS2 children allowing them to take part in a variety of</p>
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						adventurous and outdoor activities. KS1 children enjoyed a day in Hamsterley Forest following the woodland trails.
5. Increased participation in competitive sport.	<p>Take part in federation festivals and competitions.</p> <p>Take part in a KS2 federation swimming gala.</p>	<p>Using school sites but also Wolsingham Sports Hall for bigger/ indoor events.</p> <p>Book 2 hour pool session at Wolsingham Pool.</p>	<p>£86 per event for use of sports hall + transport.</p> <p>£130 pool hire + transport</p>	<p>Increase competitive sport among 100% pupils.</p> <p>Increase competitive swimming among 100% KS2 pupils.</p>	<p>Continue with competitive sport on own site.</p> <p>Develop competitive swimming in weekly lessons.</p>	<p>All children took part in a competitive sports day with running, throwing and jumping events. We were unable to participate in a swimming gala.</p>